



Labrador - Grenfell
Health

**Respiratory
Illnesses like the
flu spread easily!**

PLEASE READ CAREFULLY

- 1. Do you have a NEW or WORSE Cough or shortness of breath?**
- 2. Are you feeling feverish?**

If the answer to BOTH questions is YES:

Clean your hands

AND

**Put on a mask or use a tissue to cover your
mouth**

AND

Tell the receptionist or nurse right away.