

## UPDATE ON TUBERCULOSIS OUTBREAK INVESTIGATION IN NAIN JUNE 2018

**CURRENT INVESTIGATION** (Please note that these numbers change throughout the investigation process; numbers are reflective of investigation at the time of publication):

• On treatment for active TB = 23

## **CASE MANAGEMENT:**

- The management of TB cases and contacts is coordinated through a team approach involving Labrador-Grenfell Health, Nunatsiavut Government, the Federal Government and the Department of Health and Community Services.
- A process called "contact tracing" is used to identify people who have had close contact with individuals who are diagnosed with TB. Close contacts are individuals who have had regular, prolonged contact with a person who tests positive for TB.
- Contacts are closely followed over an extended period of time.
- Regular TB clinics are held at the Labrador Health Centre (Happy Valley-Goose Bay) and in Nain to provide medical assessment and follow-up of any case or individual under investigation.
- A mobile x-ray machine is being used in Nain to allow people to be assessed at TB clinics in Nain to have x-rays taken in their community.

## HEALTH RISKS ASSOCIATED WITH SHARING CIGARETTES AND SMOKING DEVICES

• Labrador-Grenfell Health and Nunatsiavut Public Health strongly urge individuals to refrain from sharing of cigarettes, illicit drugs and smoking devices. The practice of sharing cigarettes or smoking devices such as pipes can place someone at risk for contracting TB or a variety of other communicable diseases.

## WHAT THE PUBLIC NEEDS TO KNOW

- If you have been identified as a contact of someone who has TB, you will be contacted by a public health nurse. It is important for you to work with your health care providers if you are asked to be checked.
- If you are sick or feel unwell, and have symptoms of fever, night sweats, cough, and/or weight loss, go directly to your local health care facility.

For more information on Tuberculosis please visit <a href="http://www.health.gov.nl.ca/health/publichealth/cdc/infectioncontrol/TB">http://www.health.gov.nl.ca/health/publichealth/cdc/infectioncontrol/TB</a> fact sheet april 2018.pdf