



4. Postville

<p><b>Clinic Contact Information</b></p>	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;">  </div> <div style="width: 50%;"> <p><b>Nunatsiavut Government DHSD Home Care and Public Health Nursing:</b>                      Phone: 709-479-9842                      Fax: 709-479-9898</p> </div> </div> <hr/> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;">  </div> <div style="width: 50%;"> <p><b>Labrador Grenfell Health Postville Clinic:</b>                      Phone: 709-479-9851                      Fax: 709-479-9715</p> </div> </div>
<p><b>Community Clinic Services</b></p>	<p>The <b>Labrador-Grenfell Health Postville Clinic</b> operates under the Labrador-Grenfell Health Authority and provides primary health care to the community. Labrador-Grenfell Health partners with the <b>Nunatsiavut Government DHSD</b> in the provision of health care.</p> <p>The services in the Labrador-Grenfell Health Postville Clinic include:</p> <ul style="list-style-type: none"> <li>• Basic trauma and resuscitation equipment.</li> <li>• Outpatient Clinic.</li> <li>• Tele-health.</li> <li>• Physician Clinic (visiting).</li> <li>• Emergency patients are medevac'd to an appropriate facility.</li> <li>• Mental Health and Addictions (visiting).</li> </ul> <p>The clinic is staffed by:</p> <ul style="list-style-type: none"> <li>• Regional Nurse.</li> <li>• Personal Care Attendant.</li> <li>• Regular physician visits; consultation with physicians in Happy Valley-Goose Bay as required.</li> <li>• Child Behavioral Management Specialist visits as required.</li> <li>• Mental Health Social Worker visits as required.</li> <li>• Allied Health professionals visit as required.</li> </ul> <p>Services provided by the Nunatsiavut Government DHSD Community office:</p> <ul style="list-style-type: none"> <li>• Public Health.</li> <li>• Home Care.</li> <li>• Mental Health Services.</li> <li>• Child Day Care.</li> <li>• Dental Services.</li> </ul> <p>This clinic is staffed by:</p> <ul style="list-style-type: none"> <li>• Public Health/Home Care Nurse.</li> <li>• Home Support Workers.</li> <li>• Community Health Workers.</li> <li>• Mental Health Worker.</li> <li>• Day Care Staff.</li> <li>• Visiting Dentist.</li> </ul>

<b>Clinic Hours of Operation</b>	<p><b>Labrador-Grenfell Health Postville Clinic: 8:30 a.m. to 4:30 p.m.</b> Monday to Friday (closed Thursday afternoons for administration); emergency services available 24 hours a day, 7 days a week.</p> <p><b>Nunatsiavut DHSD Home Care and Public Health Nursing: 8:30 a.m. – 12:00 p.m. and 1:00 p.m. to 4:30 p.m.,</b> Monday to Friday.</p>
<b>Interpreter services</b>	Available through the Nunatsiavut DHSD. This can be arranged through the public health/ home care nurse if required.
<b>Medical Supplies</b>	<p><b><u>Supplies must accompany client upon discharge due to possibility of an unexpected delay in arrival of equipment or supplies.</u></b></p> <ul style="list-style-type: none"> <li>• <b>Clients may be required to overnight in Happy Valley-Goose Bay due to flight schedules. Ensure client has enough medical supplies and medications for delayed arrival to their home community.</b></li> <li>• No medical supply store in the community.</li> <li>• Clients requiring supplies for <b>specialized</b> dressings, ostomy care, tube feeding or any other more complex issue <b>must have supplies ordered</b> and arranged prior to discharge from hospital due to potential unavailability in the community.</li> </ul> <p><b>Medical supplies and equipment can be ordered through the NIHB program at 709-896-9750 ext. 245.</b> The <b>Home Care Nurse</b> in the community can assist with the process of arranging supplies if necessary.</p>
<b>Pharmacy</b>	There is no retail pharmacy. Medications are ordered and dispensed through the Labrador-Grenfell Health regional community clinic. The pharmacy at the Labrador Health Centre in Happy Valley – Goose Bay dispenses prescription medications to the regional community clinics for clients. Medications arrive on the scheduled Labrador-Grenfell Health airplane 3 times per week, weather and schedule depending. <b>Clients should have up to date prescriptions, with refills, when they return to their community to ensure an adequate supply of medication.</b>
<b>Transportation</b>	<ul style="list-style-type: none"> <li>• Located 110 air miles from Happy Valley-Goose Bay.</li> <li>• Labrador – Grenfell Health offers an air “Medevac” service for emergency transfer of patients.</li> <li>• Labrador-Grenfell Health offers an air “Schedevac” service for scheduled medical appointments and discharge home, as well as the delivery of supplies and medications. This service is variable but generally operates Monday, Wednesday and Friday.</li> <li>• Air Labrador and Provincial Airlines operate a twin otter service with both airlines flying twice per day during the week, and once per day on the weekend.</li> <li>• No road connection.</li> <li>• Ferry service available in the summer months.</li> <li>• Links to other communities and regions by sea between June-November (depending on ice conditions) and on frozen harbours, sea and natural terrain December to May, again depending on ice conditions.</li> <li>• Roads in the community are not plowed in the winter; transportation is by snowmobile.</li> </ul>
<b>Community History</b>	Postville was first known as "The Post" (renamed to Postville in 1940's) because the Hudson Bay Company trading post was located in the area. Inuit families traded in the area in the spring, fall and winter while moving to the coast to fish in summer.
<b>Population</b>	206