



5. Rigolet

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| <p><b>Clinic Contact Information</b></p> | <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;">  </div> <div style="width: 50%;"> <p><b>Nunatsiavut Government DHSD Home Care and Public Health Nursing:</b><br/>                     Phone: 709-947-3309<br/>                     Fax: 709-947-3585</p> </div> </div> <hr/> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;">  </div> <div style="width: 50%;"> <p><b>Labrador- Grenfell Health Rigolet Clinic:</b><br/>                     Phone: 709-947-3386<br/>                     Fax: 709-947-3401</p> </div> </div>  |
| <p><b>Community Clinic Services</b></p>  | <p>The Labrador-Grenfell Health Rigolet Clinic operates under the Labrador-Grenfell Health Authority and provides primary health care to the community. Labrador-Grenfell Health partners with the Nunatsiavut Government DHSD in the provision of health care.</p> <p>The services in the Labrador-Grenfell Health Rigolet Clinic include:</p> <ul style="list-style-type: none"> <li>• Basic trauma and resuscitation equipment.</li> <li>• Outpatient Clinic.</li> <li>• Tele-health.</li> <li>• Physician Clinic.</li> <li>• Emergency patients are medevac'd to an appropriate facility.</li> </ul> <p>The clinic is staffed by:</p> <ul style="list-style-type: none"> <li>• Regional Nurse.</li> <li>• Personal Care Attendant.</li> <li>• Regular physician visits; consultation with physicians in Happy Valley-Goose Bay as required.</li> <li>• Child Management Specialist visits the school and community every six to eight weeks.</li> <li>• Allied Health professionals visit as required.</li> </ul> <p>Services provided by the Nunatsiavut Government DHSD Community office:</p> <ul style="list-style-type: none"> <li>• Public Health.</li> <li>• Home Care.</li> <li>• Mental Health Services.</li> <li>• Child Day Care.</li> <li>• Dental Services.</li> </ul> <p>This clinic is staffed by:</p> <ul style="list-style-type: none"> <li>• Public Health/Home Care Nurse.</li> <li>• Community Health Aide.</li> <li>• Home Support Workers.</li> <li>• Community Health Workers.</li> <li>• Mental Health Workers.</li> <li>• Day Care Staff.</li> <li>• Visiting Dentist.</li> </ul> |

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| <b>Clinic Hours of Operation</b> | <b>Labrador-Grenfell Health Rigolet Clinic 8:30 a.m. to 4:30 p.m.</b> Monday to Friday (closed Thursday afternoons for administration; emergency services available).<br><b>Nunatsiavut DHSD Home Care and Public Health Nursing: 8:30 a.m. – 12:00 p.m. and 1:00 p.m. to 4:30 p.m.,</b> Monday to Friday.   |
| <b>Interpreter Services</b>      | Available through the Nunatsiavut DHSD. This can be arranged through the home care or public health nurse if required.   |
| <b>Medical Supplies</b>          | <b><u>Supplies must accompany client upon discharge due to possibility of an unexpected delay in arrival of equipment or supplies.</u></b> <ul style="list-style-type: none"> <li>• <b>Clients may be required to overnight in Happy Valley-Goose Bay due to flight schedules. Ensure client has enough medical supplies and medications for delayed arrival to their home community.</b></li> <li>• No medical supply store in the community.</li> <li>• Clients requiring supplies for <b>specialized</b> dressings, ostomy care, tube feeding or any other more complex issue <b>must have supplies ordered</b> and arranged prior to discharge from hospital due to potential unavailability in the community.</li> <li>• <b>Medical supplies and equipment can be ordered through the NIHB program at 709-896-9750 ext. 245.</b> The <b>Home Care Nurse</b> in the community can assist with the process of arranging supplies if necessary.</li> </ul> |
| <b>Pharmacy</b>                  | There is no retail pharmacy. Medications are ordered and dispensed through the Labrador-Grenfell Health regional community clinic. The pharmacy at the Labrador Health Centre in Happy Valley-Goose Bay dispenses medications to the regional community clinics for clients.   |
| <b>Transportation</b>            | <ul style="list-style-type: none"> <li>• Located 160 air miles from Happy Valley-Goose Bay.</li> <li>• Labrador-Grenfell Health offers an air “Medevac” service for emergency transfer of patients.</li> <li>• Labrador-Grenfell Health offers an air “Schedevac” service for scheduled medical appointments and discharge home. This service generally operates Monday, Wednesday and Friday.</li> <li>• Air Labrador operates a twin otter service 7 days a week with flights twice per weekday (once per day on the weekend).</li> <li>• No road connection.</li> <li>• Ferry service available in the summer months.</li> <li>• Links to other communities and regions by sea between June-November (depending on ice conditions) and on frozen Harbours, sea and natural terrain December to May, depending on ice conditions.</li> <li>• Roads in the community are not plowed in the winter; transportation is by snowmobile.</li> </ul>              |
| <b>Community History</b>         | Rigolet is the most southerly Inuit community in the world. Rigolet began as a European explorer trading post in the 18th century.   |
| <b>Population</b>                | 306  |