


5. White Bay Central Health Centre

Health Centre Contact Information		Roddickton-Bide Arm, Newfoundland Phone: 709-457-2215 Fax: 709-457-2076
Services	<p>The White Bay Central Health Centre provides primary and secondary health services to the White Bay area, including the towns of Roddickton-Bide Arm and the eastern coast of the Northern Peninsula of Newfoundland; including Englee, Main Brook, Conche, Croque and St. Juliens.</p> <p>Services:</p> <ul style="list-style-type: none"> • Ambulatory Care/Family Medicine. • Emergency Services. • Palliative Care. • 24-hour ambulance service. • Public Health. • Mental Health Nursing. • Home Care Nursing. • Dental Services. • Diagnostic Services (limited laboratory and x-ray). • Referrals to regional services available for physiotherapy, occupational therapy and, clinical nutrition. • Speech language therapy. • Child Behaviour Specialist (2 days a week). • Family Rehab. • Diabetic Educator. 	
Community Health Services	<ul style="list-style-type: none"> • Public Health Nursing services and clinics (post-natal visiting, newborn care, pre-school and well-baby assessments, lifestyle clinics, pre-natal classes, etc.). • Mental Health Nursing Services. • Home Care Nursing Services. 	
Hours of Operation	Emergency services are available 24 hours a day, seven days a week. Other services are generally available 8:00 a.m. – 4:00 p.m. Monday to Friday.	
Medical Supplies	Medical supplies are available from pharmacy in the community.	
Pharmacy	Medications are available from pharmacy in the community.	
Transportation	Roddickton-Bide Arm is accessible via road transport on Route 430, the Viking Trail. Local bus company travels from Corner Brook and courier company operates to St. Anthony and the Straits.	
Community History	Roddickton-Bide Arm was originally named Eastern Brook and was used by residents of Englee, a small fishing community for salmon fishing, hunting and trapping. In 1906, the Grenfell Mission began a sawmill operation here and the name was changed to Roddickton. It amalgamated with the former Town of Bide Arm on January 1, 2009 to create the Town of Roddickton-Bide Arm.	
Population	1,057 2,186 (combined communities serviced)	