



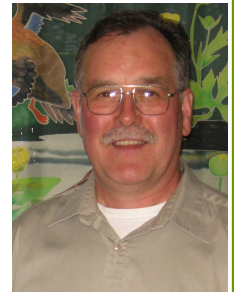
Labrador - Grenfell Health

Smoke-Free Properties in 2008

In January 2008, Labrador-Grenfell Health will adopt a smoke-free premises policy. This includes Labrador-Grenfell Health owned and operated facilities, including the interior, exterior grounds and parking areas, including vehicles (corporate and private vehicles on the premises). This new policy will protect clients, visitors and employees from the negative effects of second-hand smoke.

"As Board Chair, I am very proud to support the smoke-free properties policy. Our vision for Labrador-Grenfell Health is of healthy people, living in healthy communities. In support of this vision, the goal of the policy is to create a healthy environment for our employees, volunteers, clients, residents and visitors. As a health organization, we have a responsibility to be role models by developing and supporting policies in the best interest of health and wellness. We believe our communities will see a significant health benefit as a result of implementing this new initiative."

Larry Bradley, Board Chair, Labrador-Grenfell Health, Happy Valley - Goose Bay



"I like the new policy - I will feel much better going to the hospital now, knowing that I will not have to be exposed to second hand smoke. It will be much healthier of us all - health environments should be healthy environments."

Evelyn Winters, Community Healing Coordinator, Nunatsiavut Health and Social Development.

"It has been very sad for me to see the many people who have died or have had their lives so badly compromised from the devastating health effects of cigarette smoking. I know how addictive smoking is. I hardly know a person who doesn't want to be smoke free. It is a very difficult habit to overcome. As health care providers, we need to do everything we can to support people on the journey to become smoke free. Smoke-free hospital grounds is another important and strong step in supporting our society to move towards health. I applaud the wonderful effort of Labrador-Grenfell Health Authority in this initiative. It is the right thing to do. Thank you to everyone who respects the new smoke-free policy."

Dr. Jane McGillivray, Family Physician, Happy Valley - Goose Bay



"Labrador-Grenfell Health is taking a great step in dealing with tobacco addiction. We realize that this policy may be difficult to follow, especially for some of our clients, but there is help available. Let's work together. I hope that eventually, we will hear people say, "I have quit", or "I have really cut back on my smoking", as a result of this new policy."

Albert Penney, Paramedic, St. Anthony