



Labrador - Grenfell
Health

Ethics Services

Solving the Dilemmas



Ethics

- There are times that having to make healthcare decisions for yourself, for someone you love or a patient you are taking care of can be very difficult.
- The word 'ethics' refers to the examination of our basic values and provides a guideline to help us understand what we should and should not do.
- When values conflict while making a decision, we can face an ethical dilemma.



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Ethics

- The Ethics Service at Labrador-Grenfell Health can help you work through ethical issues.
- Labrador-Grenfell Health offers a comprehensive ethics service that includes ethics education, organizational policy review and ethics consultations on clinical and administrative matters.
- LGH has a comprehensive Ethics Framework



CNA Ethics

1. Providing safe, compassionate, competent and ethical care
2. Promoting health and well-being
3. Promoting and respecting informed decision-making
4. Preserving dignity
5. Maintaining **privacy** and **confidentiality**
6. Promoting **justice**
7. Being accountable



Ethics

- Labrador-Grenfell Health is a member of the Provincial Health Ethics Network Newfoundland and Labrador (PHENNL).
 - LGH Regional Ethics Committee
- PHENNL coordinates and supports ethics education, ethics consultations, and the review and development of policies for the four Regional Health Authorities and the Department of Health and Community Services.
- Through PHENNL, professional ethicists and facilitators are available to provide ethics consultations for Labrador-Grenfell Health.

Ethics Screening Tool

- If you are unsure you require an ethics consult, a [Clinical Ethics Screening Tool](#), is available which will help you evaluate your need for the service.



- This tool is intended to help you focus on issues that allow you to identify a case or situation appropriate to refer for an ethics consultation



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Ethics Screening Tool



Clinical Ethics Screening Tool

This screen is intended to help you focus on issues that allow you to identify a case or situation appropriate to refer for an ethics consultation. This screen does not cover every issue and matter that could lead to an ethics consult but it would prompt most matters for a consultation.

Values

Is there a plan or activity that clashes with something I hold as important?

- My personal values
- My professional ethics, professional values, or Code of Conduct and Professional Practice
- Our Organizational Values

Decisions

Is there a clash, confusion, dispute or ambivalence about the decision making?

- Who should make the decision
- Competence
- Substitute decision-maker
- Best interest of patient / resident / client
- Information exchange
- Current wishes
- Advance Health Care Directive

Care Plan

Is there confusion or dispute over the plan of care?

- Goal is unclear (Why are we doing this?)
- Status has changed and goal has not been appropriately revised
- Interventions seem futile
- Disproportion of risk and pain over benefit

Other

- Gut feeling (Something doesn't feel right about this!)
- Confidentiality
- Consensus among team and/or others that an open discussion is needed in this case
- Patient / resident / family member questions the ethics of care or options.

For further information, please contact:

Patient Safety/Quality Department
Labrador-Grenfell Health
P.O. Box 7000, Station C, Happy Valley-Goose Bay, NL, A0P 1C0
Phone 709-896-3103, Fax 709-896-4032



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Ethics Consultation Service

- The ethics consultation process is intended to be a resource to health care providers, administrators and managers, clients, families and the community.
- The process supports the right of the clients and substitute decision-maker to make informed healthcare decisions.
- As a consultative service it is available to assist physicians and healthcare professionals by providing advice on complex matters and issues.



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Ethics Consultation Process

- Available for patients, residents, clients, families, staff or anyone who needs help in making ethical decisions about health care.
- Managed by ethics consultation facilitators and conducted by gathering the appropriate and relevant mix of people to discuss the specific case in question.
- A final report, including recommendations, will be provided within the timelines that are identified when the request for an ethics review is made.



Ethics Consultation Form



Provincial Health Ethics Network Newfoundland Labrador Ethics Consultation Service

Request for an Ethics Consultation

This form is used to collect information from the individual or group requesting the Ethics Consultation and others with information needed to respond to the request for an ethics consultation. This form may be completed by the one requesting the consultation or the one who receives the request may collect the information. The required information can be forward in an e-mail.

<i>Individual Requesting Consult</i>	
Name	
Position	
Telephone Number	
Pager Number	
E-mail	
Date	
<i>Details of the Specific Issue for Ethical Consultation</i>	
Location RHA/Site / Portfolio / Unit	
Program / Department	
Description (add another page if needed)	
Forward the completed form to Labrador-Grenfell Health:	
Labrador-Grenfell Health forwards to:	
Patient Safety & Quality Labrador-Grenfell Health P.O. Box 7000, Station "C" Happy Valley – Goose Bay Labrador, NL A0P 1C0 Phone: (709) 897-3103, Fax: (709) 896-4032	Office of the Director of PHENNL Pastoral Care and Ethics Department Health Sciences Centre 300 Prince Phillip Drive St. John's, NL Canada A1B 3V6 Phone: (709) 777-8940, Fax: (709) 777-7612



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Ethics Consultation Pamphlet

WHO WILL BE PRESENT AT AN ETHICS CONSULT?

Attendance at an ethics consultation will depend on the issue and the kind of consultation requested. We encourage open and frank discussion of all ethical concerns, but we recognize a decision can be a very private matter. Only those directly involved in the particular case (client, substitute decision maker, family member, care providers, appropriate resource persons) will attend.

An ethics consultation will normally include:

- The person(s) who requests the ethics consult, this may be a patient, resident, client, substitute decision maker, family member or staff member;
- At least one support person for the one who has made the request (if he or she wishes to have a support person). Arrangements can also be made for a translator, if required;
- A professional ethicist;
- The physician responsible for the care of the individual;
- One or two other members of the patient's care team (e.g. nurse, pastoral worker, social worker, respiratory therapists, etc.) who are familiar with the case;
- Representatives from the Ethics Committees sometimes attend ethics consultations.



PROVINCIAL HEALTH ETHICS NETWORK NEWFOUNDLAND LABRADOR (PHENNL)

The four Regional Health Authorities and the Department of Health and Community Services are partners in PHENNL.

PHENNL provides support for

Ethics Education;
Policy Review and Development;
Clinical and Administrative Case Consultations.

HOW CAN I ARRANGE FOR AN ETHICS CONSULT?

Any patient, resident, client, family or staff member can bring forward an issue for an ethics consult by contacting:

Labrador-Grenfell Health

Phone: (709) 897-3103
Fax: (709) 896-4032
www.lghealth.ca

Eastern Health Office of the Director of PHENNL

Phone: (709) 777-8940
Fax: (709) 777-7612
www.easternhealth.ca

Central Health

Phone: (709) 257-5226
Fax: (709) 257-4613
www.centralhealth.nl.ca

Western Health

Phone: (709) 634-4350
Fax: (709) 634-4591
www.westernhealth.nl.ca

Or ask a staff member to make the contact for you.



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Ethics Consultation Service

Labrador-Grenfell Health

Phone: (709) 897-2282
Fax: (709) 896-4032

Provincial Health Ethics Network Newfoundland Labrador



December 2016



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Resources



Facilities, Programs and Services

'The purpose of this world is not to have and hold, but to serve.'
Dr. Wilfred T. Grenfell



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Ethics Service

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The vision of Labrador-Grenfell Health is of healthy people living in healthy communities.

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immoral many social term
study understand single based right morality
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