

The clinics will alternate between Happy Valley-Goose Bay and St. Anthony and provide services to the entire region, receiving referrals on individuals between the ages of 8 and 18 years old who are residing in the Labrador-Grenfell Health Region.

The FAS Knot

The FAS Knot, displayed on the cover of this brochure, symbolizes a loving community that works together to help eliminate Fetal Alcohol Spectrum Disorders (FASD). The broken cord may refer to the umbilical cord, the spinal cord, the nervous system, the cord between the generations, or the cable on an elevator. The cord is tied in a square knot, sometimes called a reef knot, the favoured knot for reconnecting a broken line or cord. The knot is stronger than the cord itself, and cannot be broken or snapped. The FAS Knot was designed by Bonnie Buxton and Brian Philcox and is a trademark of FASworld Canada.



Need more information?

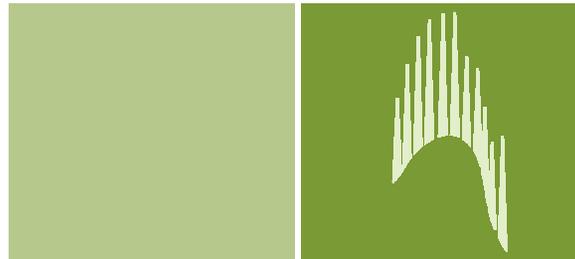
If you would like to know more about the Fetal Alcohol Spectrum Disorder Interdisciplinary Team and FASD services in the Labrador-Grenfell Health region, please contact the Regional FASD Coordinator:

Julia O'Brien
Regional FASD Coordinator
709-896-0563
julia.obrien@lghealth.ca



Labrador - Grenfell Health

Fetal Alcohol Spectrum Disorder (FASD) Interdisciplinary Diagnostic Clinic



Labrador - Grenfell Health

[**www.lghealth.ca**](http://www.lghealth.ca)



What is FASD?

FASD is the result of maternal alcohol consumption during pregnancy and has implications for the affected person, mother, family and community.

FASD-affected individuals exhibit a wide range of expression, ranging from severe growth restriction, birth defects, characteristic facial features and intellectual disability, to normal growth, facial features and intellectual abilities. Individuals with FASD may experience lifelong deficits in several domains of brain function (Chudley, Conry, Cook, Loock, Rosales & LeBlanc, 2005).



Early Diagnosis

Canadian guidelines for diagnosing within the FASD spectrum identify four diagnoses, which are: "FAS with or without confirmed maternal alcohol exposure, Partial FAS with confirmed maternal alcohol exposure, Alcohol Related Birth Defects (ARBD), and Alcohol Related Neurodevelopmental Disorder (ARND)" (Chudley et al., 2005, p. 5).

Children and youth affected by FASD have different and complex needs due to their primary and secondary disabilities.

Early diagnosis is essential to promote access to services and resources that may mitigate subsequent 'secondary disabilities' including unemployment, mental health problems, trouble with the law, inappropriate sexual behavior or learning difficulties.



Interdisciplinary Diagnostic Team

The Labrador-Grenfell FASD Interdisciplinary Diagnostic Team is comprised of a physician/pediatrician, psychologist, speech/language pathologist and occupational therapist, and is coordinated by the Regional FASD Coordinator.

Assessment and diagnosis will be based on the 4-Digit Diagnostic Code using the Canadian guidelines. In addition to an assessment and diagnosis, recommendations will be provided in relation to assessed needs and strengths of the child/youth.

