

LOCATIONS

CHURCHILL FALLS

Churchill Falls
Community Clinic
(709) 925-3377

FLOWER'S COVE

Strait of Belle Isle
Health Centre
(709) 456-2401 (ext. 6242)

FORTEAU

Labrador South
Health Centre
(709) 931-2450 (ext. 231)

HAPPY VALLEY-GOOSE BAY

Labrador Health Centre
(709) 897-2343

HOPEDALE

Hopedale
Community Clinic
(709)933-3388
Nunatsiavut Dept. of
Health & Social Dev. Bldg.
(709)933-3376

LABRADOR CITY

Labrador West Health
Centre
(709) 285-8251

MAKKOVIK

Makkovik
Community Clinic
(709)923-2207

NAIN

Nain Community Clinic
(709) 922-2912 (ext. 212)
Mental Health Bldg.
(709)922-2184

NATUASHISH

Natuashish
Community Clinic
(709)478-8834

PORT HOPE SIMPSON

Port Hope Simpson
Community Clinic
(709)960-0234

RODDICKTON

White Bay Central
Health Centre
(709) 457-2215 (ext. 234)

ST. ANTHONY

Charles S. Curtis
Memorial Hospital
(709) 454-0326

CRISIS & HELP LINE INFORMATION

- Mental Health Crisis Line
1-888-737-4668
- Gambling Help Line 1-888-899-4357
- Sexual Assault Crisis Line
1-800-726-2743
- Kids Help Phone 1-800-668-6868
- Parent Help Line 1-888-603-9100
- Newfoundland and Labrador
HealthLine 1-888-709-2929
- Smoker's Helpline 1-800-363-5864
- Advanced Education and Skills
1-888-566-1997
- CHANNAL Peer Support Warm Line 1-
855-753-2560
- First Nations and Inuit Hope for
Wellness Helpline 1-855-242-3310



Labrador - Grenfell Health

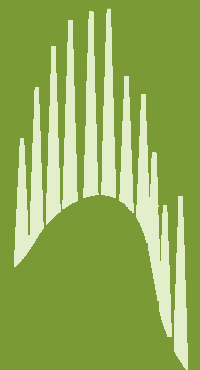
MENTAL HEALTH and ADDICTIONS



Labrador - Grenfell Health

OUR VISION

Healthy people
living in healthy communities



June 2015

MENTAL HEALTH AND ADDICTIONS

Mental Health and Addictions staff assist individuals, families and communities with their addictions and/or mental health issues.

They provide a wide range of services including:

- Intake/Screening
- Assessment
- Individual, Family and Group Counseling
- Case Management
- Aftercare and Follow-up
- Awareness Presentations
- Education Sessions
- Informational Displays
- Skill Development Workshops
- Community Development
- Crisis Intervention
- Impaired Driver's Program
- Fetal Alcohol Spectrum Disorder (FASD) Diagnostic Clinics

THE REGIONAL MENTAL HEALTH AND ADDICTIONS TEAM INCLUDES:

- Addictions Coordinators
- Addictions Counsellors
- Adolescent Counsellors
- Clerical Support
- Clinical Psychologist
- Regional Fetal Alcohol Spectrum Disorder Coordinator
- Managers
- Mental Health Case Managers
- Mental Health Counsellors
- Mental Health Nurses
- Regional Addictions Prevention/Mental Health Promotion Consultant
- Regional Director
- Social Workers
- Youth Outreach Workers

The team works closely with psychiatrists, family physicians, other health care providers and community agencies (with the consent of the client).

HOURS OF SERVICE

Monday-Friday

Check your local office for hours of service.

A confidential message manager is available after hours to leave a name and phone number for a return call the following working day.

If the situation requires immediate attention, please call your local emergency department or the crisis/help line numbers as listed on the back of this brochure.

REFERRALS

Referrals may be made by contacting the Mental Health and Addictions office in your area.

Individuals may make self-referrals. Referrals may also be made by a family member, friend or healthcare provider. Contact the Mental Health & Addictions office in your area.