



Labrador-Grenfell
Health

May 23, 2017

PUBLIC SERVICE ANNOUNCEMENT

Crisis Counselling and Mental Health Services Available

In the aftermath of the flooding which impacted residents of Mud Lake and Mud Lake Road, Labrador-Grenfell Health reminds the public that counselling services are available from the Mental Health and Addictions Department. Arrangements can be made to access services by contacting the main office at 897-2343 during regular business hours or by walk-in to the department between the hours of 8:00 a.m. and 4:00 p.m., Monday to Friday.

If urgent assistance is required, either during regular hours or after hours, proceed immediately to the Emergency Department at the Labrador Health Centre, Happy Valley-Goose Bay. Additionally, the 24-hour Mental Health Crisis Line, a free and confidential service for all ages, can be reached at 1-888-737-4668. Other supports include the Peer Support Warm Line – confidential peer support for your mental health - 1-855-753-2560.

- 30 -

Media Contact:

Allan Bock
Chief Communications Officer
Labrador-Grenfell Health
Happy Valley-Goose Bay, NL A0P 1C0
Tel: (709) 897-2351 ■ Cell (709) 899-1568
allan.bock@lghealth.ca