Cervical Screening GUIDELINES for Newfoundland & Labrador

Routine Pap testing is recommended for women 21 years & older. Screen annually for three years; if all Pap tests are negative extend interval to one screen every three years. Screening may cease if at age 69 years women have a history of regular & negative Paps.

Women who are ≥ 30 who have a Pap test with an ASCUS - HPV negative result continue with ROUTINE screening.

To order Pap test kits call 709.777.7242 or online www.publichealthlab.com

Hysterectomy Guidelines:

Cervix intact/ no abnormal history- routine screening

Cervix intact/ history >HSIL- annual screening

Cervix absent/no abnormal history- screening complete

For Women with a Pap test Result of ASCUS< 30years or LSIL (all ages):

ASCUS < 30yrs & LSIL **Repeat Pap** in 6 months **ASC-US repeat** LSIL/ASC-H/ AGC/ Negative, **HSIL+** refer to return to Pap in ROUTINE screening 6 months colposcopy Negative, **Abnormal** cytology refer to return to ROUTINE screening colposcopy

KEY		
ASCUS	atypical squamous cells of undetermined significance	
ASC-H	atypical squamous cells cannot rule out HSIL	
AGC atypical glandular cells includes: AEC-atypical endocervical cells AEMC-atypical endometrial cells AGC-NOS-atypical glandular cells-not otherwise specified AGC-FN-atypical glandular cells-favouring neoplasia		
LSIL	low grade squamous intraepithelial lesion	
LSIL-H	LSIL cannot rule out HSIL	
HSIL	high grade squamous intraepithelial lesion	
AIS	adenocarcinoma in situ	

Referral to colposcopy is recommended...

Carcinoma, AIS, Suspicion of Invasion	Colposcopy within 2 weeks
HSIL, LSIL-H	Colposcopy within 4 weeks
AGC (including AEC, AEMC, AGC-NOS, AGC-FN), ASC-H	Colposcopy within 6 weeks
LSIL & ASCUS (persistent), ASCUS-HPV positive	Colposcopy within 12 weeks

Colposcopy referral forms are available at: www.easternhealth.ca/cervicalscreeninginitiativesprogram or call 709.752.6708, please refer directly to your local gynecologist.

Screening Statements:

- Women with a history of > HSIL result have a Pap test ANNUALLY, regardless of hysterectomy status.
- Women who are immune compromised, are HIV positive, transplant recipients, have a history of DES exposure in utero should have a Pap test ANNUALLY.
- Pregnant women should be screened according to routine guidelines. The brush should not be used after the first 10 weeks of pregnancy. Breakable spatulas are available when ordering supplies.
- Unsatisfactory Pap test, repeat screen in 3 months.
- Endometrial cells in women 45 years or older may be associated with a benign endometrium, hormonal alterations and, less commonly, endometrial or uterine abnormalities. Endometrial evaluation is recommended in post-menopausal women.

This guideline is not intended to define or serve as a standard of medical care. Standards of medical care are specific to all the facts or circumstances involved in an individual case and can be subject to change as scientific knowledge and technology advance and as practice patterns evolve.



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