



Labrador - Grenfell Health

June 8, 2018

PUBLIC SERVICE ANNOUNCEMENT

Walk-in Services Available for Mental Health & Addictions

As part of its strategic plan to improve access and better health, Labrador-Grenfell Health is pleased to announce the launch of DoorWays in Hopedale and Nain. DoorWays is a single session walk-in counselling service that is offered on a first come, first served basis. Some of the topics that could be discussed with a counsellor include: depression, anxiety, bullying, coping, grief/loss, addictions, relationship issues and/or stress.

Hopedale

Every Thursday starting June 14, 2018
2:00 p.m.-5:00 p.m. (last walk-in accepted at 4:00 p.m.)
Hopedale Community Clinic
For more information, please call 933-3388

Nain

Every Thursday starting June 14, 2018
2:00 p.m.-5:00 p.m. (last walk-in accepted at 4:00 p.m.)
Nain Community Clinic
For more information, please call 922-2912 ext. 212

Please note that DoorWays is currently offered at other Labrador-Grenfell Health locations, including Charles S. Curtis Memorial Hospital, Labrador Health Centre, Labrador West Health Centre, White Bay Central Health Centre, Strait of Belle Isle Health Centre and Labrador South Health Centre.

DoorWays is not an emergency service. Individuals experiencing a mental health emergency (i.e. risk of immediate harm) should call 911 or the Mental Health Crisis Line at 1-888-737-4668, or proceed to the nearest Emergency Department.

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