



September 5, 2019

PUBLIC ADVISORY

Labrador-Grenfell Health reminding public of common illnesses during back-to school

Labrador-Grenfell Health is encouraging caregivers to ensure their children are up to date with the recommended vaccines for their age to prevent the spread of communicable illnesses easily spread in settings such as daycares and schools.

Amongst these are Chickenpox, a common viral illness with symptoms such as fever, headaches, body aches and rash. Chickenpox is usually mild in nature but can be more severe if contracted by infants or pregnant women (who have not previously had chickenpox) or individuals with conditions that compromise their immune system.

Children who have symptoms of chickenpox should be assessed by a healthcare provider and should not attend school or other group activities until they are feeling well, and symptoms resolve.

If your child is not up to date with the recommended vaccines for their age or for more information, please contact the Public Health Nurse in your community.

Additional information about chickenpox can be found at www.caringforkids.cps.ca under the 'Illnesses and Infections' tab.