

## How to make a referral

In order for an assessment to occur, our clinic requires a referral to be submitted. A referral can be made a physician, teacher, caregiver, social worker or parent.

Once the referral is deemed appropriate, the FASD coordinator will provide a referral package outlining the process of the clinic.

You can access a referral form on our website:

<https://www.lghealth.ca/wp-content/uploads/2018/04/fasd-referral-form.pdf>

Or you can call (709) 897-2364



## Need more information?

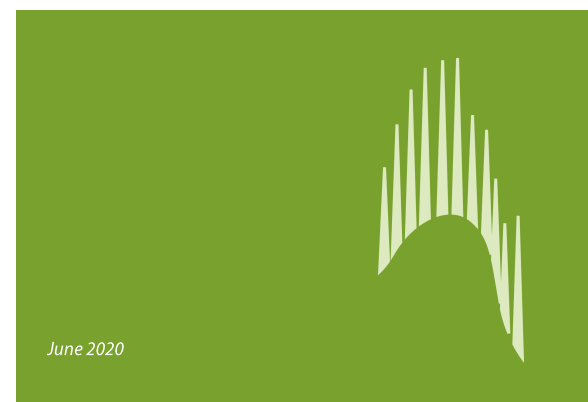
If you would like to know more about the Fetal Alcohol Spectrum Disorder Interdisciplinary Team and FASD services in the Labrador-Grenfell Health region, please contact the Regional FASD Coordinator:

**Julia O'Brien**  
**Regional FASD Coordinator**  
**709-897-2364**  
[julia.obrien@lghealth.ca](mailto:julia.obrien@lghealth.ca)



# Labrador - Grenfell Health

**Fetal Alcohol  
Spectrum Disorder  
(FASD)  
Interdisciplinary  
Diagnostic Clinic**



June 2020

## What is FASD?

Fetal Alcohol Spectrum Disorder is the diagnostic term used to describe the range of disabilities and diagnoses that result from drinking alcohol during pregnancy. These disabilities reflect damage to the brain and can have lifelong implications.

Early diagnosis will give children and their families the opportunity to access services to meet their needs and enhance their overall well-being.

## A child with FASD may have:

- Learning difficulties
- Behavioral difficulties
- Difficulties with problem solving, organization, memory, communication, auditory and visual skills.



## Who are we?

We are the Labrador-Grenfell FASD Diagnostic team. We are a group of healthcare professionals that includes:

- Family Physicians
- Psychologists
- Speech Language Pathologists
- Occupational Therapist
- Social Worker

FASD can present a challenge for diagnosis due to the complexities associated with the disorder; hence professionals from multiple disciplines are needed to accurately assess and interpret the broad array of outcomes that define the diagnosis.



## What do we offer?

We provide assessment and diagnosis based on the Canadian guideline on diagnosing Fetal Alcohol Spectrum Disorder (FASD)

The clinics alternate between Happy Valley-Goose Bay and St. Anthony and provide services to the entire region, receiving referrals on individuals between the ages of 8 and 18 years old who are residing in the Labrador-Grenfell Health Region.

