

For immediate release July 10, 2020

## **PUBLIC ADVISORY**

## **Updated visitor guidelines at Labrador-Grenfell Health facilities**

Labrador-Grenfell Health is pleased to continue increasing service capacity, including access for designated visitors within our hospitals and long-term care homes.

Beginning July 13, staff will be contacting designated support person for patients/residents and instruct them on visitor procedures.

To reduce the risk of possible spread of COVID-19:

- All visitors will be screened for COVID-19 and provide masks which are required to wear for the duration of the visit.
- Labrador-Grenfell Health will contact the designated support person/visitor to discuss visiting procedures.
- Individuals must coordinate the visit with the site/health care team in advance to allow staff to prepare for increased volume of individuals on site.

Designated visitors will be permitted as outlined within the updated guidelines in place at each site. These guidelines include:

- For outpatient and Emergency Department visits, a support person may accompany individuals who require assistance due to health issues or the nature of the appointment.
- A support person is permitted for individuals during pre-natal ultrasounds.
- For obstetric patients, one designated person and one doula can attend during delivery. Four additional visitors can visit with a mother and newborn after delivery to the time of discharge.
- Both parents of an admitted child may visit at the same time. Four additional visitors may be identified.
- Admitted patients/residents may identify up to six visitors, including their support person.
- For long-term care, residents can identify one support person and up to five designated visitors. A maximum of two individuals can visit per day and no more than two visitors can visit at the same time.

- Care teams can provide direction for visiting palliative care patients as guidelines vary for different palliative care stages.
- General visitation is not permitted at this time.

Complete guidelines will be available on July 13, 2020.

We understand that this is a difficult time and are thanking the public for their patience and cooperation. Family members with questions may contact their health care provider or Client Relations at 1-833-505-1178.

For more information on COVID-19, please visit the Government of Newfoundland and Labrador website at <a href="https://www.gov.nl.ca/covid-19">www.gov.nl.ca/covid-19</a>. For updates pertaining to Labrador-Grenfell Health's services and COVID-19 restrictions, please visit Labrador-Grenfell Health's website <a href="https://www.lghealth.ca/covid-19">www.lghealth.ca/covid-19</a> or Twitter page.

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