

For immediate release  
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## ***PUBLIC ADVISORY***

### **Updated guidelines for designated visitors at Labrador-Grenfell Health facilities**

Labrador-Grenfell Health is pleased to continue efforts to increase service capacity, including access for designated visitors within our hospitals and long-term care homes.

To reduce the risk of possible spread of COVID-19:

- Upon entering a Labrador-Grenfell Health facility, individuals must clean their hands with hand sanitizer and apply a medical mask provided at the designated entrance.
- Masks are required for the duration of the visit.
- Individuals presenting for services will be screened at the registration area.
- Visitors will be screened upon entering the Long-Term Care sites.
- Visitors for admitted patients must be screened at the Nursing Station prior to entering the patient's room.
- Labrador-Grenfell Health will contact the designated support person/visitor to discuss visiting times and procedures.
- Individuals must coordinate the visit with the site/health care team prior to presenting for visitation.

Designated visitors will be permitted as outlined within the updated guidelines in place at each site. These guidelines include:

- For outpatient and Emergency Department visits, a support person may accompany individuals who require assistance due to health issues or the nature of the appointment.
- A support person is permitted for individuals during pre-natal ultrasounds.
- For obstetric patients, one designated person and one doula can attend during delivery. Four additional visitors can visit with a mother and newborn after delivery to the time of discharge.
- Both parents of an admitted child may visit at the same time. Four additional visitors may be identified.
- Admitted patients/residents may identify up to six visitors, including their support person.

- Children are permitted to visit an admitted patient as determined with the care team and in consultation with the patient and family.
- For long-term care, residents can identify one support person and up to five designated visitors. A maximum of two individuals can visit per day and no more than two visitors can visit at the same time.
- For end-of-life patients:
  - Visitors traveling from outside of the Atlantic Bubble may be permitted to visit by the clinical care team during the time of isolation (14 days) providing the circumstances meet criteria established by the Department of Health and Community Services.
  - Visiting by rotational workers may be permitted providing the circumstances meet the criteria established by the Department of Health and Community Services.
- General visitation is not permitted at this time.

Complete guidelines are available at [www.gov.nl.ca/covid-19/guidelines-for-support-person-designated-visitors/](http://www.gov.nl.ca/covid-19/guidelines-for-support-person-designated-visitors/).

We understand that this is a difficult time and are thanking the public for their patience and cooperation. Family members with questions may contact their health care provider or Client Relations at 1-833-505-1178.

For more information on COVID-19, please visit the Government of Newfoundland and Labrador website at [www.gov.nl.ca/covid-19](http://www.gov.nl.ca/covid-19). For updates pertaining to Labrador-Grenfell Health's services and COVID-19 restrictions, please visit Labrador-Grenfell Health's website [www.lghealth.ca/covid-19](http://www.lghealth.ca/covid-19) or Twitter page.

**Media Contact:**

Amanda MacNeil  
Regional Director of Communications  
[amanda.macneil@lghealth.ca](mailto:amanda.macneil@lghealth.ca)