



Labrador - Grenfell Health

For Immediate Release

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PUBLIC ADVISORY

Instructions following COVID-19 testing

Labrador-Grenfell Health is clarifying instructions for individuals who receive COVID-19 testing.

Individuals who have been identified as a contact of a positive case and who have been contacted by Public Health will receive directions on **self-isolating** while waiting for test results.

Individuals who have not been contacted by Public Health, chose to seek COVID-19 testing and who do not show symptoms of COVID-19 are required to **self-monitor** and do not need to isolate while waiting for test results.

If you are unsure about the instructions provided to you after accessing the drive-through clinic or become symptomatic, please call 811 for further direction.

For more information on current COVID-19 restrictions at Labrador-Grenfell Health facilities are available at www.lghealth.ca/covid-19. For up-to-date information around the COVID-19 pandemic, please visit www.gov.nl.ca/covid-19.

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