

March 12, 2021

## ***PUBLIC ADVISORY***

### **Updates to visitor restrictions at all Labrador-Grenfell Health facilities**

Labrador-Grenfell Health is advising the public that effective Saturday, March 13, visitor restrictions in place at all Labrador-Grenfell Health facilities will be updated to include the following:

- **For labour and delivery patients**
  - one support person may be present during delivery. That support person may stay with the mother and baby until discharge.
  - An additional two visitors are permitted following delivery to the time of discharge. Visits must be coordinated by the patient care team in advance.
- **For pediatric patients** – both parents/guardians may be designated as essential visitors. Only one essential visitor may visit at a time.
  - \*Pediatric patients with an extended admission may identify up to two additional designated visitors which remain constant for the duration of the visiting restrictions
- **For inpatients**
  - one essential visitor may be permitted to visit as coordinated with facility staff.
  - \*In-patients with an extended admission may be permitted up to two additional designated visitors.
  - Only one visitor is permitted at a time and each visitor is permitted one visit per day.
- **For Outpatient Department and Emergency Department patients** – a support person may be permitted for individuals who require assistance due to health issues, who are 18 years of age or under, who are having prenatal ultrasounds or due to the nature of the appointment.
  - \*Approval of a visitor in the Emergency Department is at the discretion of the care team.

- **For Long-Term Care** – residents may identify one essential visitor, where necessary. Each resident can identify up to two additional visitors.
  - A maximum of two people can visit per day.
  - All visitors must coordinate the visit with the home in advance.
- **For palliative care** – \*the clinical care team of palliative care patients will discuss protocols with the patient/resident/family and advise the number of visitors.
- General visitation is not permitted at this time.

*\* In determining the number of visitors permitted, the clinical care team will give consideration to the prevalence of COVID-19 in the community, screening of visitors, space available to support multiple visitors when the patient/resident is not in a private room, and the ability to comply with public health guidance to ensure the continued safety of patients/visitors and staff.*

For more details, the complete guidelines for support persons/designated visitors [here](#).

All individuals will be screened for COVID-19 and must wear a medical mask provided at the facility entrance for the duration of their visit to a Labrador-Grenfell Health facility.

Anyone experiencing one or more symptoms of COVID-19 is asked to complete the online self-assessment and referral tool at [www.811healthline.ca](http://www.811healthline.ca) or call the NL Health Line 8-1-1 to arrange testing.

Everyone has an important role to play in preventing the spread of COVID-19. The public is reminded that the best defense against COVID-19 is ***maintaining physical distancing, practicing hand hygiene, staying home and seeking a test when sick, and consistently wearing a mask.***

More information about COVID-19 can be found on the province of Newfoundland and Labrador's website [www.gov.nl.ca/covid-19](http://www.gov.nl.ca/covid-19) and on the Labrador-Grenfell Health webpage [www.lghealth.ca/covid-19](http://www.lghealth.ca/covid-19).

Labrador-Grenfell Health would like to thank the public for their co-operation during this precautionary measure.

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