

John M. Gray Spring News - 2021

Happy Hoppy Spring!



As the seasons evolve, so does the recreation programming at the John M. Gray Centre (JMGC). Socialization, interaction and recreational opportunities for our residents is more important now than ever when considering restrictions imposed over the past year due to the COVID-19 pandemic.

Spring was welcomed with sunny days, birds singing, warm gentle breezes and the Easter Bunny, who brought Easter joy to the faces of JMGC residents. Colorful Easter decorations appeared on the scene as residents placed colorful eggs, bunnies and chicks on Easter

trees



creating an Easter spirit at our home.

Easter parties were held in celebration, while the Easter Bunny visited residents to bring greetings and treats. A visit from the Easter Bunny is always magical with the prospect of scrumptious chocolate eggs in sight!!! The Easter Bunny also decided to sing and dance at the party which resulted in a fun-filled time for all involved. Residents were delighted for the opportunity to participate in the Easter Bunny photo shoot to capture special memories.





Fun Friday

“Fun Friday” is a new activity that was introduced for the first time in April. This new recreation program is exactly what the name suggests.... **FUN!!** The objective of this program is to bring smiles, joy and laughter to faces while enriching the lives of our residents. This program uses a fun-filled theme through themed costumes and music to promote social interaction and wellbeing of all residents.



“Disney Day” at the JMGC was a big hit among residents. The Disney spirit was alive and well as Minnie and Mickey Mouse danced around, while Tigger bounced to bring cheer to all our residents. All residents had the opportunity to experience Disney firsthand as music filled the air and their faces glowed as brightly as the colors of the rainbow! Moon Mist ice cream was the choice treat of the day and was enjoyed by all!



Fun in the Sun

May month brought sunny smiles and happy faces as residents looked forward to the fresh air while walking and talking in the great outdoors.

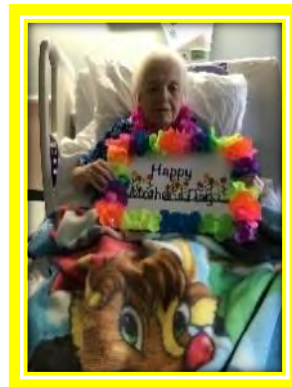
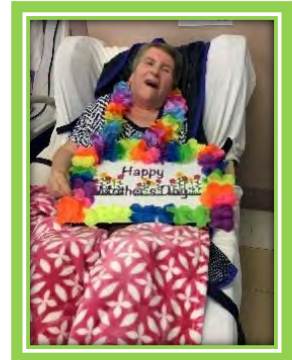
"Hawaiian Day" was the highlight of May month. Hawaiian ladies, dressed in colorful grass skirts, bright rainbow leis and hats danced with residents while twisting and shouting to the Hawaiian music. The resident's Hawaiian group to get their snap. The magical musical Hawaiian cart gave way to pineapple floats for all.

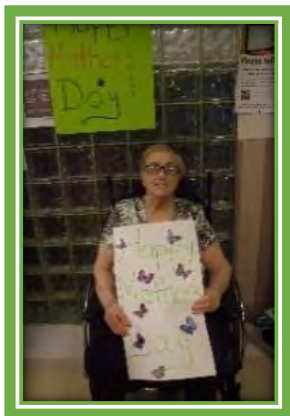


Happy Mother's Day

"Mothers are like diamonds precious and rare."

Mothers were celebrated on Mother's Day with a social including colorful Mother's Day banners, themed music and a special tribute. Mothers were also presented with a red rose for the vital role they have played in the lives of their respective families. Special carrot cookies and refreshments were served to all in attendance and overall, was a fun-filled day!!





Sweet Treat Days

"Sweet Treat Days," also known as *"Thank God it's Wednesday/Friday"* are special days that everyone looks forward to during the month. A variety of special treats are served, consisting of Tim Horton's Timbits, strawberry/caramel sundaes, moon mist ice cream, carrot and shortbread cookies, pineapple, orange, mountain dew floats and the always "moreish" chip, chesses and onion rings.



"The smallest act of kindness goes a long way in the run of a day"



Welcoming Summer

Summer is just around the corner and we are anxiously awaiting the warm summer sun. Fun Filled activities are being planned including outdoor adventures such as planting flowers, bus rides and picnics on the patio . Father's Day and Canada Day are just another few special occasions that call for special celebrations that we are looking forward to.

