

July 15, 2021

PUBLIC ADVISORY

Shortened Second Dose Schedule for COVID-19 Vaccine

Labrador-Grenfell Health is advising the public that individuals 12 years and older are now eligible to receive their second dose of COVID-19 Vaccine 28 days following their first dose.

Labrador-Grenfell Health continues to offer mRNA vaccine interchangeably.

Please note that Pfizer will be reserved for individuals 12 to 17 years of age until more is readily available in the region. Moderna is available for all individuals 18 years of age and older.

Eligible individuals can book appointments using the following information:

Dose 1 & 2 – Individuals who are 12 years of age and older

Online Self-Registration

[Walk-In for dose 2 \(no appointment necessary\)](#)

[Click here to book online!](#)

- Select either "First Dose" or "Second Dose"

*Regardless of what type of appointment is selected, individuals will receive the type of mRNA vaccine that is available for them based on age and availability.

By Phone

1-833-960-3643

To learn more about COVID-19 Vaccines, eligibility for priority groups, special considerations, and available locations across the region, please visit www.lghealth.ca/vaccine.

Labrador-Grenfell Health is following provincial and national guidance on COVID-19 vaccination for priority populations. More information regarding continued implementation will be shared in the coming weeks. While waiting for your opportunity for vaccination, and after vaccination, it is important for everyone to continue to follow public health guidance to protect yourself, your loved ones, and your communities.

This includes:

- o Wearing a mask and keeping 2 metres distance;
- o Respecting public health guidance on gatherings, travel and quarantine.
- o Staying home and calling 8-11 if you feel sick;
- o Washing your hands frequently;

Labrador-Grenfell Health will continue to communicate as additional vaccine information becomes available. Please check our website at www.lghealth.ca/vaccine to stay up-to-date. For more information on COVID-19 vaccines, please visit [Health Canada](http://HealthCanada). For up-to-date information around the COVID-19 pandemic, please visit www.gov.nl.ca/covid-19.

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