

December 21, 2021

## **PUBLIC ADVISORY**

### **COVID-19 Immunizations and Boosters**

Labrador-Grenfell Health is advising the public that we are increasing efforts to provide COVID-19 immunizations and boosters to eligible individuals across the region.

Individuals who are:

- Individuals 5 years of age and older are encouraged to get vaccinated with a primary series (two doses) of an mRNA vaccine at least eight weeks apart.
- moderately to severely immunocompromised are encouraged to get vaccinated with a primary series (three doses) of an mRNA vaccine at least eight weeks apart.
- Individuals 18 years of age and older are recommended to receive a booster dose of an mRNA vaccine at least 22 weeks (154 days) after their second dose.
- Individuals 17 years of age and younger are not recommended to receive a booster dose at this time.

More information about COVID-19 vaccinations, including schedules and how to book appointments can be found at <https://www.lghealth.ca/vaccine>. We encourage the public to check the schedule regularly as clinic availability is updated frequently. At this time, walk-ins are not being accepted.

In addition to regularly scheduled clinics, individuals can call the below community clinics to schedule an appointment for the following dates.

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| <ul style="list-style-type: none"><li>• <b>Cartwright</b><br/>Thursday, Dec 23<br/>(709) 938-7285</li></ul>   | <ul style="list-style-type: none"><li>• <b>Charlottetown</b><br/>Thursday, Dec 23<br/>(709) 949-0259</li></ul>  | <ul style="list-style-type: none"><li>• <b>Churchill Falls</b><br/>Friday, Dec 31<br/>(709) 925-3381</li></ul>      |
| <ul style="list-style-type: none"><li>• <b>Forteau</b><br/>Thursday, Dec 23<br/>Wednesday, Dec 29<br/>Thursday, Dec 30<br/>(709) 931-2450</li></ul> | <ul style="list-style-type: none"><li>• <b>Mary's Harbour</b><br/>Wednesday, Dec 22<br/>(709) 921-6228</li><li>• <b>St. Lewis</b><br/>Thursday, Dec 30<br/>(709) 939-2230</li></ul> | <ul style="list-style-type: none"><li>• <b>Port Hope Simpson</b><br/>Wednesday, Dec 29<br/>(709) 960-0271</li></ul> |

Labrador-Grenfell Health is following provincial and national guidance on COVID-19 vaccination for priority populations. More information regarding continued implementation will be shared in the coming weeks. While waiting for your opportunity for vaccination, and after vaccination, it is important for everyone to continue to follow public health guidance to protect yourself, your loved ones, and your communities.

This includes:

- Wearing a mask and keeping 2 metres distance;
- Washing your hands frequently;
- Respecting public health guidance on gatherings, travel and quarantine.
- Staying home and calling 8-11 if you feel sick;

Labrador-Grenfell Health will continue to communicate as additional vaccine information becomes available. Please check our website at [www.lghealth.ca/vaccine](http://www.lghealth.ca/vaccine) to stay up to date.

For more information on COVID-19 vaccines, please visit [Health Canada](http://Health Canada). For up-to-date information around the COVID-19 pandemic, please visit [www.gov.nl.ca/covid-19](http://www.gov.nl.ca/covid-19).

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