

December 22, 2021

### PUBLIC ADVISORY

# Potential COVID-19 Exposure in the Labrador-Grenfell Health Region

Labrador-Grenfell Health is advising individuals who visited the following locations to seek testing in keeping with public notifications for possible exposure:

## Walmart, 500 Vanier Ave, Labrador City

• Monday, December 20 from 10:00 a.m to 11:30 a.m.

## The Well Bean Cafe, 222 Amherst Avenue, Labrador City

• Monday, December 20 from 11:30 a.m. to 12:00 p.m.

To arrange testing, complete the online self-assessment and referral tool available at <a href="https://covidassessment.nlchi.nl.ca">https://covidassessment.nlchi.nl.ca</a> or call 811.

People who visited these locations and currently have symptoms of COVID-19 are required to isolate until 24 hours after their symptoms resolve and they receive a negative test result. People who visited these locations and do not currently have symptoms of COVID-19 are not required to isolate until they receive a negative test result. While awaiting their test result, they should monitor for symptoms and isolate should any symptoms develop.

#### Symptoms of COVID-19 include:

- Fever, including chills or sweats;
- A new or worsening cough;
- Shortness of breath or difficulty breathing:
- Runny, stuffy or congested nose;
- Sore throat or difficulty swallowing;
- Headache:
- Loss of sense of smell or taste;
- Unusual fatigue or lack of energy;
- New onset of muscle aches;
- Loss of appetite;
- Vomiting or diarrhea for more than 24 hours; and,
- Small red or purple spots on hands and/or feet.

For a full list of potential COVID-19 exposure notifications, please visit: <a href="https://www.gov.nl.ca/covid-19/updates-resources/potential-covid-19-exposures/">https://www.gov.nl.ca/covid-19/updates-resources/potential-covid-19-exposures/</a>.

For the most up-to-date information related to COVID-19, please visit: <a href="www.gov.nl.ca/covid-19">www.gov.nl.ca/covid-19</a>.

#### **Media Contact:**

Amanda MacNeil Regional Director of Communications, Labrador-Grenfell Health E: <a href="mailto:amanda.macneil@lghealth.ca">amanda.macneil@lghealth.ca</a>