

December 23, 2021

## ***PUBLIC ADVISORY***

### **Potential COVID-19 Exposure in the Labrador-Grenfell Health Region**

Labrador-Grenfell Health is advising individuals who visited the following locations to seek testing in keeping with public notifications for possible exposure:

#### **Fast Freddy's Restaurant, 1 School Road L'Anse Au Loup**

- December 15<sup>th</sup>, 2021 from 12:00pm-1:00 pm

To arrange testing, complete the online self-assessment and referral tool available at <https://covidassessment.nlchi.nl.ca> or call 811.

People who visited these locations and currently have symptoms of COVID-19 are required to isolate until 24 hours after their symptoms resolve and they receive a negative test result. People who visited these locations and do not currently have symptoms of COVID-19 are not required to isolate until they receive a negative test result. While awaiting their test result, they should monitor for symptoms and isolate should any symptoms develop.

Symptoms of COVID-19 include:

- Fever, including chills or sweats;
- A new or worsening cough;
- Shortness of breath or difficulty breathing;
- Runny, stuffy or congested nose;
- Sore throat or difficulty swallowing;
- Headache;
- Loss of sense of smell or taste;
- Unusual fatigue or lack of energy;
- New onset of muscle aches;
- Loss of appetite;
- Vomiting or diarrhea for more than 24 hours; and,
- Small red or purple spots on hands and/or feet.

For a full list of potential COVID-19 exposure notifications, please visit: <https://www.gov.nl.ca/covid-19/updates-resources/potential-covid-19-exposures/> . For the most up-to-date information related to COVID-19, please visit: [www.gov.nl.ca/covid-19](http://www.gov.nl.ca/covid-19).

**Media Contact:**

Amanda MacNeil

Regional Director of Communications, Labrador-Grenfell Health

E: [amanda.macneil@lghealth.ca](mailto:amanda.macneil@lghealth.ca)