



## Labrador-Grenfell Health

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December 28, 2021

### PUBLIC ADVISORY

#### **New Visitor Restrictions at Labrador-Grenfell Health facilities**

Labrador-Grenfell Health is advising the public that effective immediately, new visitor restrictions have been implemented.

Within **all Labrador-Grenfell Health Long Term Care Facilities**, only one essential support person will be permitted to visit a long-term care resident.

Within the **Labrador Health Centre** in Happy Valley-Goose Bay **only** the following guidelines apply:

##### **General Visitation**

One essential support person will be permitted to visit.

##### **Obstetrical patients:**

- Two support people can be designated.

##### **Pediatric Patients:**

- Two support people can be designated.

##### **Palliative Care/End of Life in all facilities:**

- Six designated visitors (one primary support person and five visitors).
  - When a patient has children 18 years of age and under, children who wish to visit will be in addition to the four designated visitors.
- One visitor can be designated as the primary support person.
- The primary support person will not be limited to one daily visit.
- The six designated visitors can visit once each day.
- Two individuals can be present during a visit.
- Children of the patient/resident who are 18 and under are permitted to visit each day.
  - They can visit with one of the designated visitors.

- The number of visitors for the patient/resident, may exceed two when children aged 18 and under are visiting.

### **End of Life Palliative Care when death is imminent:**

- All immediate family (parents, siblings, spouse, and children) will be permitted to visit the patient/resident.
- The patient's clinical care team will discuss the coordination of visitors with the primary support person or substitute decision maker and decide the number of visitors permitted in the patient/resident room at any given time.

All visitors will still be required to adhere to the following precautions:

- The support person should remain consistent, however, may be updated every 14 days.
- Individuals will not be limited to one visit per day.
- All visitors will be screened for COVID-19 at entry.
- All visitors to long-term care must show proof of vaccination before visiting.
- The support person/designated visitor(s) are asked not to visit any other patient/resident or staff and proceed directly to the patient/resident's room or designated space for the visit.
- Visitation for palliative care will be determined in collaboration with families.

Additionally, we ask that anyone visiting a Labrador-Grenfell Health facility:

- Wash or sanitize your hands thoroughly before entering and leaving the facility.
- Apply a mask at point of entry into the facility and wear this mask for the duration of visit.
- If you are unwell, please do not visit a patient/resident until at least 48 hours after your last symptoms. Call 8-1-1 to arrange COVID-19 testing.
- Comply with any other instructions from staff.

Labrador-Grenfell Health staff will be in contact with families to determine who the support person will be for each patient or resident. A support person is an individual who is vital to the patient/resident's physical care and mental well-being

Thank you for your patience and cooperation in helping prevent the spread of illness.

### **Media Contact:**

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