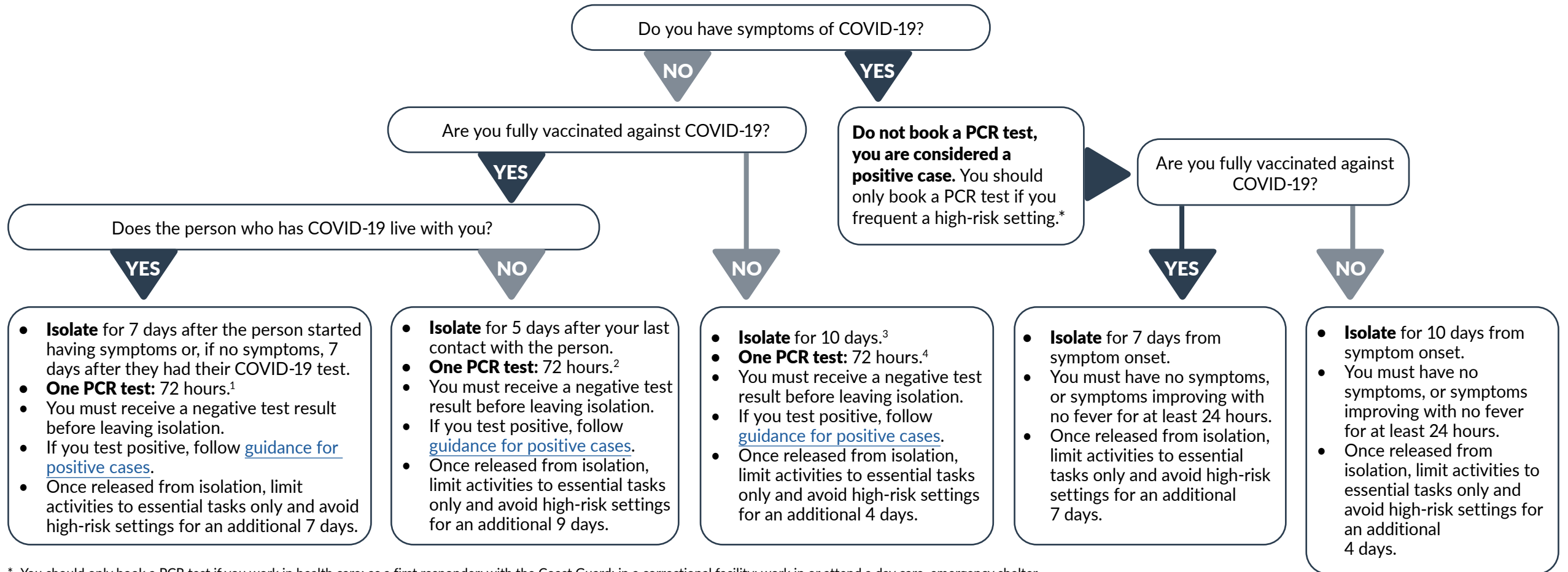


# You've been exposed to someone who has COVID-19.

## Now what?

If you develop symptoms at any point, you are considered a **positive case**. Isolate immediately and complete this questionnaire again for guidance.



\* You should only book a PCR test if you work in health care; as a first responder; with the Coast Guard; in a correctional facility; work in or attend a day care, emergency shelter, transition house, or other housing program serving vulnerable populations; or, you live in a long-term care facility, personal care home, community care home, or assisted living facility.

<sup>1</sup> Get a PCR test 72 hours after the person in your household started having symptoms or, if no symptoms, 72 hours after they had their COVID-19 test.

<sup>2</sup> Get a PCR test 72 hours after your last contact with the person who has COVID-19.

<sup>3</sup> Isolate for 10 days after the person in your household started having symptoms or, if no symptoms, 10 days after their COVID-19 test. If the person does not live with you, isolate for 10 days after your last contact with the person who has COVID-19.

<sup>4</sup> Get a PCR test 72 hours after the person in your household started having symptoms or, if no symptoms, 72 hours after they had their COVID-19 test. If the person does not live with you, get a PCR test 72 hours after your last contact with the person who has COVID-19.