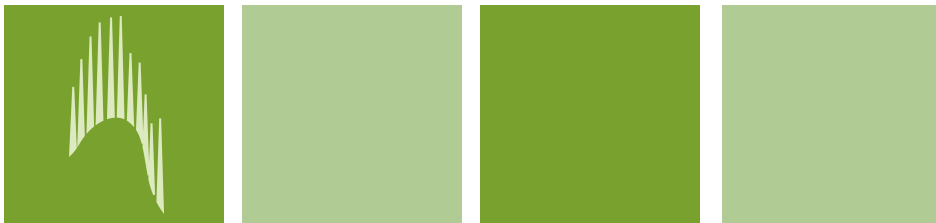




Labrador - Grenfell Health

RESOURCES AVAILABLE TO YOU AND YOUR FAMILY



Labrador - Grenfell
Health

March 2023



LOCAL AND PROVINCIAL CONTACTS

ADDITIONAL CONTACTS:

Canadian Red Cross

Labrador West 1-709-944-0415
St. Anthony 1-709-456-6120



Seniors Resource Centre

Phone 1-709-737-2333
www.seniorsnl.ca

Canada Pension Plan

Phone 1-800-622-6232

Home Support Central Intake, Labrador Grenfell Health

Phone 1-833-284-4751

Lawtons Home Health

Corner Brook

O'Connell Drive 1-709-639-8971
Herald Avenue 1-709-634-8000

St. John's

Torbay Road 1-709-754-0115
Elizabeth Avenue 1-709-753-6053
Campbell Avenue 1-709-579-1415
Kenmount Road 1-709-722-2227
Topsoil Road 1-709-364-0188

**HELP IS ALWAYS
AROUND THE CORNER**



Canadian Organization for Rare Disorders

Phone 1-877-302-7273

raredisorders.ca

Raynaud's Association

Phone 1-800-280-8055

raynauds.org

Schizophrenia Society of Canada

Phone 1-204-320-3188

schizophrenia.ca

Sick Kids Foundation

Phone 1-800-661-1083

Sickkidsfoundation.com

Spinal Cord Injury Canada

Phone 1-416-200-5814

sci-can.ca



Lifeline Alert Bracelet

Phone 1-866-702-7405

lifeline.ca



Occupational Therapy

Labrador West 1-709-285-8257/8345

Goose Bay 1-709-897-2317/2142

St. Anthony 1-709-454-0220/0137

Physiotherapy

Labrador West 1-709-285-8317/8345

Goose Bay 1-709-897-2227/2142

St. Anthony 1-709-454-0282/0137

NL Housing

Goose Bay 1-709-896-1920

Corner Brook 1-709-639-5201

nlhc.nl.ca

**LIST OF SOCIETIES, FOUNDATIONS, AND ASSOCIATIONS
IN PROVINCE AND COUNTRY**

Ability Online (for youth/young adults with disabilities)

Phone 1-866-650-6207

abilityonline.org

March of Dimes Canada (for people with disabilities including post-stroke)

Phone 1-800-263-3463

marchofdimes.ca



Active Aging Canada

Phone 1-800-549-9799

activeagingcanada.ca

Canadian Addison Society

Phone 1-888-550-5582

addisonsociety.ca

Centre for ADHD Awareness Canada

Phone 1-416-637-8584

caddac.ca

ALS Society of Canada

Phone 1-800-267-4257

als.ca



Alzheimer's Society of Canada – NL chapter

Phone 1-877-776-0608

alzheimer.ca/en/nl

Mood Disorders Society of Canada

Phone 1-613-921-5565

mdsc.ca

MS Society of Canada

Phone 1-800-268-7582

mssociety.ca



Muscular Dystrophy Canada

Phone 1-800-567-2873

muscle.ca

Obesity Canada

Phone 1-780-492-8361

obesitycanada.ca



obesity | obésité
canada | canada

Childhood Obesity Foundation

Phone 1-604-251-2229

Osteoporosis Society of Canada

Phone 1-800-463-6842

osteoporosis.ca

NL Palliative Care Association

Phone 1-833-284-4751

nlpalliativecareassociation.net

Vanessa Bartlett Regional Palliative Care Nurse
Labrador -Grenfell Health 1-709-454-0665

Parkinson Foundation of Canada – NL Chapter

Phone 1-800-567-7020

nlparkinson.ca

Learning Disabilities Association of Canada

Phone 1-613-238-5721

ldac-acta.ca



Canadian Liver Foundation – Atlantic branch

Phone 1-866-423-8538

liver.ca

Canadian Lung Association

Phone 1-888-556-5864

Questions about breathing 1-866-717-2673

lung.ca

Lupus Canada

Phone 1-800-661-1468

lupuscanada.org

NL Mental Health Association

Crisis Line 1-888-737-4668

Support Line 1-855-753-2560

Provincial Office 1-877-753-8550

cmhanl.ca

Centre for Addiction and Mental Health

Phone 1-800-463-2338

camh.ca

Strongest Families – childhood anxiety/ADHD/behavior concerns

Phone 1-866-470-7111

strongestfamilies.com

Aphasia Institute

Phone 1-416-226-3636

aphasia.ca

Arthritis Society of Canada – NL chapter

Phone 1-709-579-8190

arthritis.ca



Canadian Arthritis Patient Alliance

arthritispatient.ca

Autism Society of NL

Phone 1-709-722-2803

autism.nf.net



Canadian Council of the Blind

Phone 1-877-304-0968

ccbnational.net

NL Brain Injury Association

Phone 1-709-221-1288

nlbia.ca

Canadian Cancer Society

Phone 1-888-939-3333

cancer.ca

Cancer Patient Navigator

Labrador West 1-709-285-8332

Goose Bay 1-709-897-3115

St. Anthony 1-709-454-3999



Canadian Cancer Society

Canadian Celiac Association

Phone 1-800-363-7296

celiac.ca



Chronic Pain Association of Canada

Phone 1-780-482-6727

chronicpaincanada.com

Chrons and Colitis Society of Canada

Phone 1-800-267-4257

chronsandcolitis.ca

COPD Canada

Phone 1-416-916-2476

copdcanada.info

Cystic Fibrosis Canada

Phone 1-800-378-2233

cysticfibrosis.ca



Canadian Diabetes Association

Phone 1-800-226-8464

diabetes.ca

Janeway Lifestyle Clinic – Childhood Diabetes

Phone 1-709-777-4387

Canadian Digestive Health Foundation

Phone 1-905-847-2002

cdhf.ca



NL Down Syndrome Society

Phone 1-877-738-3336

nlcss.com



National Eating Disorder Information Centre

Phone 1-866-633-4220

medic.ca

CanFASD

Canfasd.ca

Canadian Hearing Society – NL chapter

Phone 1-888-753-3224

chha-nl.ca

Heart and Stroke Foundation

Phone 1-888-473-4636

heartandstroke.ca



Huntington Society of Canada

Phone 1-800-998-7398

huntingtonsociety.ca

Independent Living Canada

Phone 1-877-713-3373

ilc-vac.ca



Kidney Foundation of Canada – NL Chapter

Phone-1-800-563-0626

kidney.ca