

How To Make A Referral

A referral is required for assessment to occur. A referral can be made by anyone, but requires the consent of the parent/guardian for individuals under the age of 19.

Once received by the Regional FASD Coordinator, the referral is screened. If the referral meets the criteria for assessment, the FASD Coordinator will contact the referral source regarding the diagnostic clinic process and send the additional clinic forms required for assessment.

The referral form can be accessed at: <https://www.lghealth.ca/your-health/programs-and-services/mha/fetal-alcohol-spectrum-disorder-fasd/>

Or, by scanning the QR code below with a mobile device:



To receive a paper copy of the referral by mail, call (709) 693-5015 to request the same.



NL Health Services

For more information about Fetal Alcohol Spectrum Disorder and FASD services available in Labrador-Grenfell Zone, contact:

Megan Ropson
Regional FASD Coordinator
(709) 693-5015
megan.ropson@lghealth.ca

Mental Health & Addictions

Fetal Alcohol Spectrum Disorder (FASD)
Multidisciplinary Diagnostic Clinic

February 2024

What is Fetal Alcohol Spectrum Disorder (FASD)?

Fetal Alcohol Spectrum Disorder is the diagnostic term used to describe the range of disabilities and diagnoses that result from drinking alcohol during pregnancy. These disabilities reflect damage to the brain and can have lifelong implications.

Early diagnosis of FASD provides individuals and their families the opportunity to access services to meet their needs and to enhance their overall well-being.

People with FASD may experience:

Learning Difficulties

Behavioural Difficulties

Issues with problem solving, organization, memory, communication, auditory and visual skills.

Which health professionals are involved with the FASD Diagnostic Team?

The Labrador-Grenfell FASD Diagnostic Team includes a family physician, psychologist, speech language pathologist, occupational therapist, and the Regional FASD Coordinator.

Because of complexities associated with FASD, diagnosis can present challenges. Professionals from multiple disciplines are required for accurate assessment and interpretation of the broad array of outcomes that define a diagnosis.

What does the FASD Diagnostic Team offer?

The diagnostic team provides assessment and diagnosis using Canadian guidelines for diagnosing Fetal Alcohol Spectrum Disorder.

Clinics in the region alternate between Happy Valley-Goose Bay and St. Anthony, and provide services to the entire region.

Referrals are accepted for individuals aged 8 and up residing in the Labrador-Grenfell Zone

